

UCSF Benioff Children's Hospital Oakland Residency Program Schedule

R1	Wards Days (8 weeks)	Wards Nights (4 weeks)	PICU (4 weeks)	Alta BatesNICU/ Delivery (2 weeks)	Kaiser Oakland Newborn/ Delivery (4 weeks)	ED/Urgent Care (6 weeks)	Adolescent (4 weeks)	Community, Advocacy, Pediatric Leadership (CAP) (4 weeks)	Development and Behavior (4 weeks)	Mental Health and Integrative Medicine (4 weeks)	Outpt Cardiology (2 weeks)	Outpt Subspecialties (2 weeks)	Vacation (4 weeks)
Call/Shift	7a-5:30pm shifts	5 night shifts/wk	Q4 call	short call Q4 until 9pm	3 weeks days/1 wk of 5 nights	Shifts	3 weeks outpt/ 5 days inpt, weekends off	Some weekend Urgent Care coverage, some call-free					

R2	Wards Days (6 weeks)	Wards Nights (2 weeks)	Hematology- Oncology Inpatient (4 weeks)	NICU (4 weeks)	Alta BatesNICU/ Delivery (2 weeks)	Inpatient Rehab (2 weeks)	Anesthesia/Procedures (2 weeks)	ED/Urgent Care (6 weeks)	Community, Advocacy, Pediatric Leadership (CAP) Individualized & Integrative (4 weeks)	Individualized Curriculum/Elective Including Subspecialties, QI/Project/Scholarly Concentration Time (16 weeks)			Vacation (4 weeks)
Call/Shift	7a-5:30pm shifts	5 night shifts/ wk	7a-5:30pm shifts	Q4 call	Some cross cover/backup		Shifts	Some nights/weekend cross cover and backup; some call-free					

R3	Wards Days (6 weeks)	Wards Nights (2 weeks)	PICU (4 weeks)	Alta BatesNICU/ Delivery (2 weeks)	ED/Urgent Care (6 weeks)	Community, Advocacy, Pediatric Leadership (CAP) Individualized & Integrative (6 weeks)	Individualized Curriculum/Elective Including Subspecialties, QI/Project/Scholarly Concentration Time (22 weeks)						Vacation (4 weeks)
Call/Shift	7a-5:30pm shifts	5 night shifts/ wk	Q4 call	Shifts		Some nights/weekend cross cover and backup; some call-free							

• **Carefully designed hybrid schedule of call and shifts to maximize education and minimize handoffs and fatigue.** Residents in our program overwhelmingly prefer a hybrid schedule where they do a combination of these two types of overnight work.

• **The actual order of rotations alternates inpatient/call blocks and outpatient/call-free time/vacation**

• **Definitions of types of night work:**

Night Shift: 5pm-7:30am, 5 nights per week

Q4 call: Stay in-house for 24hrs every 4th day/night, then head home post-call the next day after sign-out at 7am. This schedule includes a golden weekend where you are post-call on Friday and off until Monday morning.